

Native Plant Garden at the Royal Saskatchewan Museum





Western Spiderwort

When its stem breaks, it secretes a sticky substance, that makes cobweb-like strands when hardened. A federally protected species under Canada's Species at Risk Act.



Yellow Prairie
Coneflower
Used in water-wise
xeriscaping. Tolerates
drought and prairie



Native Harebell

The flowers have a bell shape and last a long time. They are an important sources of nectar for bees in the fall!



Wild Licorice

What is that reddish thing? Touch it. Does it stick to your clothes? This was the inspiration for Velcro!



Spiny Ironplant

This plant got its "tough as nails" name because it does well even when slightly neglected. Perfect for those with a black thumb!



Giant Hyssop

Can grow 3 feet tall! A good companion plant to cabbage because it will **deter the Cabbage White Butterfly** from eating cabbage.



Strawberry Blight

Named because it looks like strawberries! You can taste the berries, they taste "kind of seedy and sweet" according to a 12 year old taste tester!



Blazing Star

Symbolically the Blazing Star represents satisfaction, bliss, and happiness. Blooms until early fall. It is a **favourite target for bees**, **butterflies**, and other pollinating **insects**!

A **native plant** is one that grew somewhere before pioneers and settlers came to an area. These **plants and the animals and insects** that use them for food and shelter have **evolved together over thousands of years**. They are well adapted to living together in the region in which they grow!



More outdoor adventures at natureregina.ca/ get-outside-family-hikes All of Nature Regina's activities are funded by donation and purchase of memberships.

Like these outdoor adventure guides?

Become a member or make a donation!

Page 1



Native Plant Garden at the Royal Saskatchewan Museum





Milkweed is the host plant for the monarch butterfly. The monarch larva eats the milkweed leaves which contain cardiac glycosides that make monarchs toxic to predators.





Milkweed flowers produce nectar that benefits all butterfly species and honey bees!



The Royal Saskatchewan Museum created these new signs identifying each native plant! Nature Regina volunteers spend hundreds of hours in the garden every summer! A great partnership. Come and check out a demonstration native plant garden in Wascana Centre!



The native plant garden is a **Monarch Weigh Station** with www.monarchwatch.org/



Common Tall Sunflower

Here is a fact for all of the mathies out there...

"The florets in the head of a sunflower form a spiral, with each small flower oriented toward the next by an angle of 137.5 degrees (called the golden angle). This **orientation forms a pattern of spirals that interconnect**, with the number of right and left spirals being **consecutive Fibonacci numbers**. Typically, a sunflower has 34 spirals in one direction and 55 in the other" - www.therightflowers.com/sunflower-fun-facts/



Lindley's Aster

Attract pollinators such as butterflies, flies, and bees in late summer. The larvae of some butterflies feed on the foliage while seeds are sometimes eaten by birds. Drought tolerant.



Why is there tall grass? The birds eat the seeds at the top in the winter. The seeds are spread to feed the birds if they need to be trimmed!





More outdoor adventures at natureregina.ca/ get-outside-family-hikes

Like these outdoor adventure guides?

Become a Nature Regina member or make a donation!



Native Plant Garden at the Royal Saskatchewan Museum



Who else lives in the garden?







Bring a magnifying glass and take a closer look at nature!







Cabbage White Moth





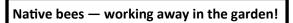




There are 350 species of native bees in Saskatchewan!



Northern Bedstraw Caterpillar





Can you see the ant?

Hunt's Bumble Bee interested in pollen not humans!

Lots of birds live here too!

Download a bird identification app for beginners

merlin.allaboutbirds.org/

Why Are Native Plants Important?

- 1) Perennials so they come back every year. **Protect the soil** because their roots go down deep to find water in the prairies.
- 2) Food and shelter for pollinators like bees and butterflies. Ever notice how well your garden grows if there are lots of native plants near by?
- 3) **Adapted to our climate!** Regina's annual precipitation is only 17 inches (rain and snow) and these plants have adapted over thousands of years to survive here.
- 4) **Provide food for wildlife and birds**. Check out how many **birds** visit the native plant garden.



More outdoor adventures at natureregina.ca/ get-outside-family-hikes All of **Nature Regina**'s activities are funded by donation and purchase of memberships.

Like these outdoor adventure guides?

Become a member or make a donation!

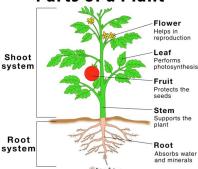
Page 3



Native Plant Garden at the Royal Saskatchewan Museum



Parts of a Plant



Every plant has a root system and a shoot system. The shoot system is made up of a flower, leaf, fruit and stem.



This is a purple prairie coneflower. How do we know? You can usually identify plants by their flower!

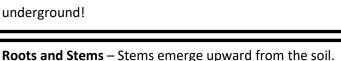
When the flower isn't there you can check out the leaves and stem. On this plant the leaves alternate with 3 to 5 leaflets. The stem is long and stiff. Once the flower dries out there is a hard pod or "fruit" left with seeds inside. Check out

www.saskwildflower.ca for more info about leaves, stem patterns and flowers on plants.

From https://www.sciencefacts.net/parts-of-a-plant.html

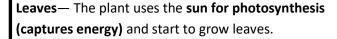


Germination—A seed requires water and warmth to start the process. It is too cold in winter so they stay underground!





The roots grow downwards looking for water and minerals. Native plants have deep roots.





Flowers & Pollination—The flower grows and produces pollen. The pollen needs to get onto another plant of the same species. Bees and butterflies move the pollen as well as the wind. The bright, colourful flowers attract the bees and butterflies.

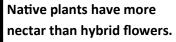


Seed—Once pollinated the plant is able to produce seeds, fruit develops around the seed, protecting it and helping it to reach the ground. The fruit is transported by wind, water, attaching to passing animals or being transported by animals that eat the fruit and later poop it out!





For a wild rose the fruit is called a rose hip



www.teachercreated.com /products/plant-life-

cycles-chart-7714

They are a great food source for bees and butterflies because they have evolved over thousands of years along with the creatures that need them.



More outdoor adventures at natureregina.ca/ get-outside-family-hikes

Like these outdoor adventure guides? Become a member or make a donation!